



MLPML MENTORSHIP PROGRAM

Ideal Weekly Schedule

The Mentor Leaders Produce Mentor Leaders (MLPML) program is designed to empower youth with leadership, academic, and life skills. This structured weekly schedule ensures a balanced focus on leadership development, academic success, career preparation, and life skills enhancement.



info@mlpml.org



302-696-9009



www.mlpml.org

MONDAY INTEGRATED DEVELOPMENT DAY

Overall Focus: Kickstart the week by blending leadership, academic success, and life skills.

2:30 – 3:30 PM: Leadership & Character Development

Welcome, icebreaker, and team-building activity

Workshop on leadership styles and personal strengths

Interactive session on conflict resolution and effective communication

3:30 – 4:30 PM: Academic Success & College Readiness

SMART goal-setting for academic achievement

Study skills and time management strategies

Guidance on college preparation (resume building, application tips)

4:30 – 5:30 PM: Life Skills & Financial Literacy

Discussion on personal values and self-awareness

Introduction to budgeting, saving, and responsible spending

Overview of entrepreneurship and career exploration

Reflection & setting personal next steps

TUESDAY LEADERSHIP & CAREER READINESS

Overall Focus: Enhance leadership capabilities and prepare for future career opportunities

3:00 – 3:15 PM: Welcome & Check-In

3:15 – 4:00 PM: Leadership Workshop

Confidence-building exercises and effective communication techniques

4:00 – 4:30 PM: Career Exploration & Planning

Resume building and job readiness activities

4:30 – 5:00 PM: Financial Literacy Session

Budgeting, saving strategies, and smart money habits

5:00 – 5:30 PM: Reflection & Action Steps

SATURDAY SPECIALTY WORKSHOP (OPTIONAL ADD-ON)

Overall Focus: Engage in in-depth, rotating sessions that address specialized topics.

Overall Focus: Engage in in-depth, rotating sessions that address specialized topics.

Time: 10:00 AM – 1:00 PM

Sample Topics Include:

Entrepreneurship & Business Basics

Public Speaking & Effective Communication

Mental Health & Self-Care

Community Service & Volunteer Projects

College & Scholarship Preparation

FLEXIBLE PRIVATE COACHING & GROUP SESSIONS AVAILABLE

For clients needing one-on-one mentorship or customized group sessions, we offer flexible scheduling:

One-on-One Coaching: Available by appointment

Group Mentorship: Customizable for schools, organizations, or community groups

Book a Consultation:

Schedule a discovery call to discuss your needs by visiting www.mlpml.org